## Learn from the experiences of Veterans

In videos presented by the Atlas
Institute for Veterans and Families,
Veterans and family members of the
Canadian Armed Forces (CAF) and
Royal Canadian Mounted Police
(RCMP) share their stories of healing
and perseverance.

**Listen Here** 

## Learn from the experiences of Veterans

Veterans often begin their service at a young age and frequently transition into public service roles. Yet, the impact of previous military experience on the mental health of public safety personnel remains a complex question. Learn more about this relationship in a research summary:

**Read More Here** 



