



NEW!

Updated Website

The Public Health Agency of Canada funding has allowed us to create a more streamlined and robust platform for **first responders and other public safety personnel** accessing mental health support options.

New Filters

- ✓ Types of Service
- ✓ Mental Health Professional
- ✓ Recruit, Mid-Career, Experienced, Retiree, Veteran



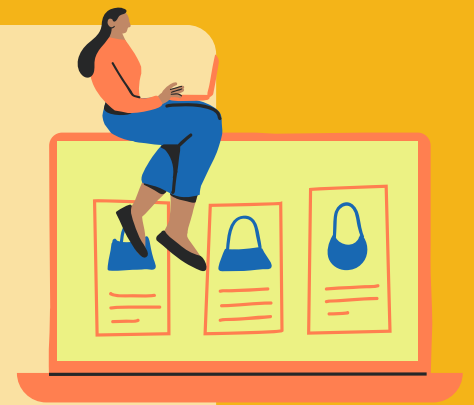
New Tools

- ✓ Resources / Support
- ✓ Programming / Training



User Capabilities

- Helps users identify, understand, and select from different service options.
- Helps users determine which mode of delivery best suits their needs.



Targeted Service Options

- Users can select and compare a wide range of services that are most suitable to their mental health needs.
- Resources can be found in every province of Canada.



Anonymous access to mental health resources anywhere, anytime.

